



# Notley High School & Braintree Sixth Form

## **Weekly Bulletin** Spring Term – Friday 14 January 2022

We are delighted that Notley High School & Braintree Sixth Form has been awarded the Pride in Inclusion Bronze Award. This award from the organisation Educate and Celebrate recognises the work by staff and students in the school on Diversity, Equity and Inclusion.

This has included a staff steering group, training for staff, reviews of policies, the creation of displays, assemblies, events and resources and the development of a cross-school Pride in Youth network.

We will continue to work with Educate and Celebrate over the coming year, as we work towards the Silver and then Gold Awards. Many thanks to those who have contributed to this over the past year.

### **Application to study at Braintree Sixth Form**

Year 11 students are reminded to submit their application to study at Braintree Sixth Form this September. Online applications close on January 28th. If anyone has any questions about the sixth form or would like to be shown around, please email [catherine.dunton@braintreesixthform.com](mailto:catherine.dunton@braintreesixthform.com)

### **Message from Make Happen**

Made Training are delivering FREE online revision sessions via zoom for students in Years 11 and 13.

You will learn the following (and more!):

- How to condense your information and create cue cards.
- How to use mnemonic and spatial memory techniques.
- How to use spaced learning strategies to beat procrastination, increase productivity and enable knowledge mastery.

You only need to sign-up to one session depending on which year group you're currently in:

- Year 11 students – Monday 21 March 2022 at 4.30 – 5.30pm
- Year 13 students – Wednesday 23 March 2022 at 4.30 – 5.30pm

For more information and to book your place – please click on the following link: <https://www.makehappen.org/event/revisionready/>

Are you a parent or carer with a child who is currently in Year 11 or Year 13 and would like to find out how to best support them with revision?

If so, then join Made Training and the Make Happen team on Zoom for this *really* helpful FREE session – Friday 25<sup>th</sup> March 2022 at 5.30 – 6.30pm.

Made Training will showcase the following tips and support techniques to help you keep your child on track to succeed.

- How to monitor the effectiveness of your child's revision.
- How to support your child in a non-confrontational manner.

How to create effective revision and review schedules.

For more information and to book your place – please click on the following link: <https://www.makehappen.org/event/parentsandcarers/>

### **Pastoral Manager**

From Monday, we are delighted to welcome Mrs Turner to the team of Pastoral Managers who support students. Mrs Turner will be introducing herself to students in the coming weeks.

### **Year 10 Braintree Apprenticeship Fair**

The Braintree Learning Partnership, comprising of six schools and other learning providers, are holding an apprenticeship fair on Tuesday 1 February 2022 at Colchester Institute, Braintree Campus. The fair will host representatives from a range of public and private sector employers, as well as universities and local colleges.

Students will attend registration and period 1 as normal. They will visit the fair during periods 2 and 3. Students will then attend lesson 4 onwards, as normal.

Transport has been arranged and all costs have been covered by the school.

### **Local Area Visit Consent Form 2021-2022**

Please find attached, a Local Area Visit Consent Form.

If you have not previously returned this, can you please complete this consent form which will allow your son/daughter to attend any off-site activity that is deemed to be a 'Local Area Visit' offered by the school, including this Apprenticeship Fair trip, during the academic year 2021-2022. The school requires a signed form for all students.

Please return this to Mrs Robb via the black post box outside the PDT office, no later than Friday 21 January 2022.

If you have any queries, please do not hesitate to contact me via [michelle.robb@notleyhigh.com](mailto:michelle.robb@notleyhigh.com), or 01376 556363.

### **Things I Wish My Parents Had Known**

Following concerns nationally about the issue of online sexual harassment and its effects on young people, the Children's Commissioner for England has produced a guide for parents and carers on how to talk to their children about their experiences online and support their children.

This is based on work with young people and reflects their views. The guide can be found here: [cco talking to your child about online sexual harassment a guide for parents dec 2021.pdf \(childrenscommissioner.gov.uk\)](https://www.childrenscommissioner.gov.uk/wp-content/uploads/2021/12/cco_talking_to_your_child_about_online_sexual_harassment_a_guide_for_parents_dec_2021.pdf)

## ART COMPETITION



PLEASE HELP BRIGHTEN UP THE LIBRARY

Prizes for 1st, 2nd & 3rd place

No bigger than A4 - any theme - you choose

Closing date: 28th January 2022

Entries to be placed in blue box on the library desk

# Notley High School & Braintree Sixth Form

Academic Year 2022 - 2023

September 2022							October 2022							November 2022							December 2022							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
			1	2	3	4						1	2		1	2	3	4	5	6				1	2	3	4	
5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	
12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	
19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	
26	27	28	29	30			24	25	26	27	28	29	30	28	29	30				26	27	28	29	30	31			
							31																					
January 2023							February 2023							March 2023							April 2023							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
						1			1	2	3	4	5			1	2	3	4	5							1	2
2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12	3	4	5	6	7	8	9	
9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19	10	11	12	13	14	15	16	
16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26	17	18	19	20	21	22	23	
23	24	25	26	27	28	29	27	28						27	28	29	30	31			24	25	26	27	28	29	30	
30	31																											
May 2023							June 2023							July 2023							August 2023							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
1	2	3	4	5	6	7				1	2	3	4						1	2		1	2	3	4	5	6	
8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	
15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	
22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27	
29	30	31					26	27	28	29	30			24	25	26	27	28	29	30	28	29	30	31				
														31														

= Schooldays     
  = School holidays     
  = Bank holidays  
 = Weekends     
  = Non-Student Days

<b>Autumn Term:</b>	Thursday 1 September 2022 – Tuesday 20 December 2022 <i>Half Term 24 October – 28 October</i>	74 days
<b>Spring Term:</b>	Thursday 5 January 2023 – Friday 31 March 2023 <i>Half Term 13 February - 17 February</i>	57 days
<b>Summer Term:</b>	Monday 17 April 2023 – Friday 21 July 2023 <i>Half Term 29 May – 2 June, and May Bank Holiday - 1 May</i>	64 days
	<hr style="width: 100%; border: 0.5px solid black;"/>	195 days



# Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher  
Dr C Cusick, Head of School



January 2022

Dear Parents/Carers

## Year 7 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 7 during Spring term 1 is as follows:

### Spring Term 1

**Staying Safe:** Students will explore the effects on people who use of alcohol, smoking and vaping, caffeine and drugs and the law regarding possession, supply, and use.

**Health and Wellbeing:** Students will explore what mental wellbeing and self-esteem are and how these can be affected by negative influences around us (e.g. social media and body image).

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb  
Head of Faculty: PDT, Resilience and Careers

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY  
t 01376 556300 f 01376 550991 e enquiries@notleyhigh.com w www.notleyhigh.com





# Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher  
Dr C Cusick, Head of School



January 2022

Dear Parents/Carers

## Year 8 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 8 during Spring term 1 is as follows:

### Spring 1

**Health and Wellbeing:** Students will explore the characteristics of mental wellbeing and the stigma sometimes attached to mental illness. They will learn to identify ways to promote their own emotional wellbeing and evaluate the positive and negative impact of social media on self-esteem and body image.

**Relationships and Sex Education:** Students will explore the thoughts, feelings and emotions a person might have when dealing with a loss such as a relationship breakdown or bereavement. They will learn about sources of support and ways to help a friend who is dealing with a loss.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb  
Head of Faculty: PDT, Resilience and Careers

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY  
t 01376 556300 f 01376 550991 e enquiries@notleyhigh.com w www.notleyhigh.com





# Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher  
Dr C Cusick, Head of School



January 2022

Dear Parents/Carers

## Year 9 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 9 during Spring term 1 is as follows:

### Spring 1

**Careers:** Students will explore their future career aspirations and the changing world of work, including the ways in which a person can be employed, and their rights and responsibilities in the workplace. They will evaluate their strengths and consider the choices available as part of the GCSE options process.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb  
Head of Faculty: PDT, Resilience and Careers

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY

t 01376 556300 f 01376 550991 e enquiries@notleyhigh.com w www.notleyhigh.com







# Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher  
Dr C Cusick, Head of School



January 2022

Dear Parents/Carers

## Year 10 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 10 during Spring term 1 is as follows:

### Spring 1

**Relationships and Sex Education:** Students will explore the options available to people who wish to make a long-term commitment, including their legal rights. Students will discuss the different options for people wishing to start a family and identify the skills needed for successful parenting. Students will explore the options available in the event of an unintended pregnancy and the legal status of abortion.

Students will discuss the range of emotions felt when someone dies and will identify and evaluate ways of coping and supporting others. They will explore the issues around organ and tissue donation.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb  
Head of Faculty: PDT, Resilience and Careers

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY  
t 01376 556300 f 01376 550991 e enquiries@notleyhigh.com w www.notleyhigh.com







# Notley High School & Braintree Sixth Form

Mr R James, Deputy CEO & Executive Headteacher  
Dr C Cusick, Head of School



January 2022

Dear Parents/Carers

## Year 11 Spring Term PDT Lesson Curriculum Overview

As a part of your child's education at Notley High School & Braintree Sixth Form, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in PDT lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know the curriculum overview for PDT lessons in Year 11 during Spring term 1 is as follows:

### Spring 1

#### Relationships and Sex Education:

Students will explore how to effectively communicate their wants and needs in relationships. They will discuss how to handle unwanted attention both online and offline. They will explore the various forms of domestic abuse and how to seek help for themselves and others.

Students will explore the term 'honour' based violence and who is most at risk. They will identify what a forced marriage is and how it is distinguished from an arranged marriage or other form of legal marriage. They will discuss where and how to seek support if they are concerned about themselves or someone they know.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have. Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Our Relationships and Sex Education Policy is on the school website.

Yours faithfully

Mrs M Robb  
Head of Faculty: PDT, Resilience and Careers

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY  
t 01376 556300 f 01376 550991 e enquiries@notleyhigh.com w www.notleyhigh.com





Dear Parent/Carer,

The NCS programme offers young people, aged 16-17, a once in a lifetime opportunity to do something meaningful with their summer break, as well as a chance to develop skills and take on new challenges that will set them up for adult life. They'll also do something good for their local community, carrying out a project to support a cause they care about. We've seen first-hand what an amazing feeling of accomplishment and increased confidence this brings.

Over a period of 2 weeks, they will;

- ✓ Meet new people
- ✓ Stay away from home
- ✓ Give back to their local community through voluntary action
- ✓ Try new things
- ✓ Take on new challenges
- ✓ Develop the skills and confidence to take on their next steps
- ✓ Generate experience for their university application, job/apprenticeship interview or CV and more!

NCS is all about helping teenagers realise their potential by giving them a taste of independence and loading them up with new skills that set them up to achieve their future goals, whatever they may be. And this year, it's your teen's turn!

---

We will deliver an assembly at your teens school on Thursday 20<sup>th</sup> January and students will be provided with a 'register their interest' form. If your teen does want to register their interest in taking part in NCS this summer, we ask them to share your contact details. This is so that we can complete the administrative process required to get them signed up to a programme date. If they do let us know they are interested, we'll be in touch with you by email or phone to run through the steps we need to complete their booking. Representatives from the NCS will also be available in the school library during lunchtime on Friday 21<sup>st</sup> January, to answer any questions students may have.

A place on NCS is worth around £1200 and we usually ask for a £50 contribution for our standard NCS programme. However, if your teen is eligible for pupil premium it can be as little as just £10.

We've created a parent/guardian video to explain more about what your teen could be doing this summer here [https://www.youtube.com/watch?v=My\\_5TDdMEyI](https://www.youtube.com/watch?v=My_5TDdMEyI)

If you have any questions or want to book your teens place, please go to [wearencs.com](http://wearencs.com) or call 01767 319505.

We look forward to welcoming your teen on NCS this summer!

Hear2Listen NCS

National Citizen Service Trust is a not-for-profit organisation incorporated by Royal Charter and established to shape, support, champion and lead a thriving National Citizen Service.

National Citizen Service Trust is registered in England and Wales with Royal Charter Body number RC000894.