



Notley High School & Braintree Sixth Form

Executive Headteacher and CEO of NEMAT: Rob James



20 May 2020

Dear Parents/Carers

With apologies for the short notice, we wanted to make you aware of an opportunity for our students to join the *Inspiring Change Makers Online Summit 2020* tomorrow.

This is an online virtual conference which students can attend remotely, and the focus is on aspiration and inspiration, particularly in relation to careers. The theme of the conference is *Inspiring Women*, and the vast majority of speakers and presenters are women, but we would stress that the content around careers and aspirations is intended to apply to students of any gender.

The programme looks very impressive and includes an optional 8am pancake cooking session led by Prue Leith before contributions from a wide array of presenters and speakers begin at 9am. To mention just a few of these, there are activity sessions led by practitioners including the England netball player Ama Agbeze MBE and the Olympic hockey champion Kate Richardson-Walsh OBE. Inspire sessions during the day focus on the development of key workplace skills, and the Aspire, Engage and Empower sessions are led by a wide array of professionals from diverse backgrounds and at different stages of their careers, who offer advice and examples of their own experiences in fields from law to AI to journalism. A link to the programme is here: <https://www.inspiringfemales.org.uk/inspiring-change-makers-online> This link can be accessed on the day so that students can join the programme. You may wish to have a look at the Beta programme with your child so that they can decide which sessions to join and see how the day will work. They can also find out more about the sessions and the speakers. The videos will all be available to view on Thursday – please note that sessions and timings may change before the day.

We highly recommend that Year 11 and Year 13 students have a look at the programme and attend if at all possible. We would also very much encourage Year 10 and Year 12 students to attend, and they have the school's 'permission' to use their day to attend, providing that they do catch up on any key work they might miss. They may also dip in and out of the activities during the day, if that suits them better to help keep up with their studies.

The host school of the day suggests that if your child enjoys their day, you may wish to make a donation to the Cavell Nurses' Trust, a charity which supports UK nurses, midwives and healthcare assistants, both working and retired, when they are suffering personal or financial hardship. You can learn more about the Cavell Nurses' Trust and make a donation here: <https://www.inspiringfemales.org.uk/cavell-nurses-trust>

"Working together, achieving together"

Notley High School & Braintree Sixth Form, Notley Road, Braintree, Essex CM7 1WY

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We hope students will enjoy the day and that this will be a valuable opportunity to gain some face-to-face careers advice and support from some rising stars as well as those who are at the top of their field, and to consider all aspects of the workplace and our professional lives.

Yours faithfully

Mrs M Townsend
Assistant Headteacher – KS5

Mrs M Robb
Head of Faculty – PDT, PSHE & Careers

PS: We have attached the potato pancake recipe for anyone who happens to have any flour in their possession (and if you do, could you let us know where you found it, please?!) for the 8am pancake session.

FAQs:

Do students need to sign-up?

No – they simply will need to click on the supplied web link on the morning from 8am (if they want to do breakfast with Prue Leith) or 9am if they want to start the programme after this.

Is this for girls only?

No – whilst the programme has been created as part of the Inspiring Females programme, there is a lot of great content for students of any gender and their families to get involved in.

Will the website slow down with lots of visitors?

As there is no sign-up/registration then no this shouldn't happen. The site has the same hosting solution as Amazon, so it is designed for large amounts of traffic.

What is the best way to experience the day?

The hosts recommend viewing on a laptop or iPad/tablet connected by wifi – it can also be viewed on a phone, but they would recommend the former. There are some active sessions, so they suggest students move their devices to a suitable space and are prepared to get changed into appropriate clothes if they decide to participate in these.

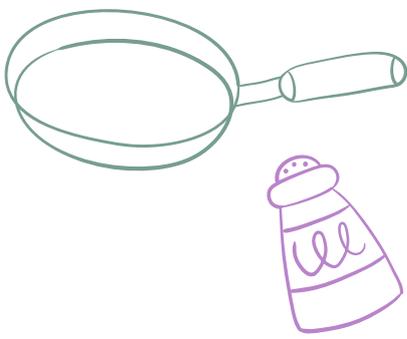
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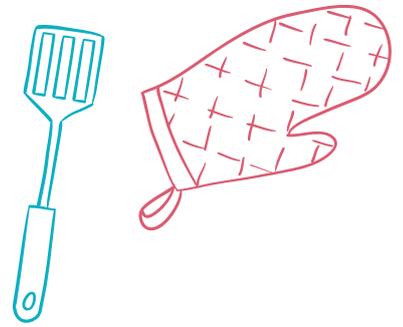
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INSPIRING
CHANGE MAKERS



Breakfast Potato Pancakes with Prue Leith CBE



Follow Prue's
video recipe
at the Inspiring
Change Makers
website at 8am
on Thursday 21st
May 2020

Ingredients for Potato Pancakes

400g of mashed potato
2 eggs whisked together
75 grams of plain flour, plus some
extra for shaping pancakes
A pinch of salt
A knob of butter

Suggested toppings

Savoury

Smoked salmon, herrings or prawns
Pickled onions
A pinch of dill
Avocados
Cream cheese (Philadelphia)

Sweet

Greek yoghurt
Berries (can be from frozen -
eg, Fruits of the Forest)
Raspberries or strawberries
A sprig of mint

Or create your own!

This recipe is also delicious
with crispy bacon and eggs!

Utensils

A mixing bowl
A wooden spoon
A whisk for the eggs
A spatula
A clear work surface for flouring
A frying pan
Plates to serve



Share your
creations on the day!



@prueleith and
@inspiringchangemakers2020



@PrueLeith and
@inspfemales

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