

**Living in the Wider World** - Diversity, inclusion and racism. Black Lives Matter, British values and De-escalation.

**Finance** - Food shopping and living independently. Credit and borrowing. Credit score, debt and tax.

**Relationships and Sex Education** - Exploring sexual and gender identity.

**Skills for Success** - Reflection and target setting. Revision planning and time management. Revision strategies, memory strategies and motivation. Academic reading log.

**UCAS**

**APPRENTICESHIP** **UNIVERSITY** **COLLEGE** **WORKPLACE** **COMMUNITY LIVING**

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**Skills for Success** - SMARTER targets, Study skills, time management, learning and note taking, Academic reading log.

**Relationships and Sex Education** - Relationship abuse, types of abuse, consent, sexual violence and rape culture.

**Health and Wellbeing** - Mental Health, Looking after your wellbeing, stress and anxiety.

**Living in the Wider World** - Challenging and changing attitudes.

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**Citizenship** - Human rights and the rule of law. Migration, displaced people, refugees and asylum seekers. Is citizenship a right or a privilege?

**NATIONAL CITIZEN SERVICES**

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**Skills for Success** - Maximising success, including time management, organisation, and revision strategies. Acting upon constructive feedback. Managing stress.

**Relationships and Sex Education** - Communicating wants and needs. Handing unwanted attention. Domestic abuse. Honour based violence and forced marriage.

**Living in the Wider World** - Sexual harassment in the work place.

**Health and Wellbeing** - Positive self-esteem, self-belief and resilience. Stress. Coping with challenges. First aid and health, including breast and testicular examination.

**Staying Safe** - Becoming independent. Responsibilities. Safety and risk taking.

**Finance** - Payslips. Technology to support money management. Choosing a bank account, budgeting and planning for the future.

**PREFECT**

**Relationships and Sex Education** - Long term commitments. Starting a family and parenting skills. Options available for an unintended pregnancy. Coping with bereavement, organ and tissue donation. Sex myths and issues around pornography. Consent and efficacy of contraceptive choices. Strategies to cope with a relationship breakup.

**Citizenship** - 'British Values' and community cohesion. Democracy, Rule of law, Individual liberty, Mutual respect and Tolerance.

**Finance** - Reasons for debt and the risks involved. Persuasive techniques for financial product advertising. The problems associated with gambling.

**Staying Safe** - Staying Safe. Decision-making when using drugs and/or alcohol. Wider impacts of drug use, including addiction and effects on the individual, family and friends, and wider community/society. Vehicle safety.

**Health and Wellbeing** - Mental health, stress, anxiety and depression. Coping with change and challenges.

**Living in the Wider World** - 'British Values' and community cohesion. Discrimination and offensive behaviour. Hate crime, extremism and radicalisation.

**Skills for Success** - Study habits and skills. Coping with exam stress. Revision timetables and active revision techniques.

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**Living in the Wider World** - The Equality Act 2010 and protected characteristics. Homophobia, transphobia, sexism and sexual harassment. Understanding gender identity, gender expression, sexual orientation and sex assigned at birth.

**Health and Wellbeing** - Life-saving skills (CPR, recovery position and defibrillators). Vaccinations. Unhealthy coping strategies (including self-harm and eating disorders). Healthy strategies to support emotional wellbeing. Work life balance, exercise and sleep. Facts and myths around cancer. Reducing the risk through lifestyle choices. Testicular cancer.

**Staying Safe** - Staying Safe Staying online. Grooming and the sharing of explicit images. Risk assessment and peer pressure in relation to illegal substances.

**Finance** - Ethical consumers (How the choices we make as consumers affect others' economies and environments)

**Citizenship** - how laws are made and the powers that police have. Misconceptions around sentencing and the rights young people have within the criminal justice system.

**Relationships and Sex Education** - Manage conflicts at home, dangers of running away. Readiness for sex, consent and the law. Reducing and preventing the spread of STIs. The range of contraceptive choices. Issues around pornography.

**Skills for Success** - Active revision techniques and revision timetables. Strategies for managing the transition between to KS4.

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**Citizenship** - Government and parliament. The electoral system in the UK including manifestos, policy, political parties.

**Finance** - Consumer rights and how to complain as a consumer. Consequences of making financial decisions. Risks associated with debt, including online scams..

**Staying Safe** - Reasons for legal and illegal drugs. Legal consequences of possession, intent to supply and supply. The risks of carrying a knife, knife crime and joint enterprise.

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**Citizenship** - Migration. Asylum seekers and refugees. Human rights, rights of the child. Protecting our rights.

**Skills for Success** - Resilience and learning from our mistakes. Fixed and Growth mindset. The power of practice. How to create a positive learning space and effective revision techniques.

**Relationships and Sex Education** - Positive healthy relationships. Consent. Contraceptive pill and condom. Long term consequences of unprotected sex (pregnancy). Unhealthy relationships. County lines, grooming, exploitation and coercion. Abuse and harassment. Coping with a loss or bereavement.

**Living in the Wider World** - The Equality Act 2010 and protected characteristics. Banter vs bullying. Recognising discrimination and how to respond.

**Health and Wellbeing** - Basic first aid skills. Handling emergency situations. Mental wellbeing and mental illness. Positive and negative influences. Can we trust everything we see online?

**Finance** - Wants vs needs. Spending influences. Budgeting. Payment methods. Borrowing and saving.

**Staying Safe** - Effects of alcohol, smoking and vaping, caffeine and drugs. The law.

**Health and Wellbeing** - Healthy lifestyles (eating, exercise, and sleep). Mental wellbeing and self esteem. Body image.

**Living in the Wider World** - Diversity and discrimination. Empathy. Actions and consequences. The Equality Act 2010 and protected characteristics. Bullying.

**Relationships and Sex Education** - Managing puberty. Attraction and sex, including male and female reproductive systems. Gender identity and sexuality. Unwanted contact, including FGM. Online safety including sending nudes. Healthy relationships. Family life and resolving conflict.

**Skills for Success** - Managing feelings and changing friendship groups. Being 'ready, respectful and safe'. Introduction to our learning behaviours. Revision techniques and improving memory.

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**ANTI-BULLYING**

**WELCOME**